

# Montessori de Sagrada Familia

[www.mdsf.edu.ph](http://www.mdsf.edu.ph)  
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## Your Child's Developmental Milestones

Ages 3-6 years  
(A Parent's Resource Guide)

### What are the domains of children development?

- 1. Socio-Emotional**  
Refers mostly to the ability to form attachments, play with others, cooperate, share, and create lasting relationships. Development of self-awareness, self-confidence, and the ability to cope with and understand feelings.
- 2. Physical**  
Development of fine (small) and gross (large) motor skills. It includes the sensory development of vision, hearing, taste, touch, and smell, and the coordination and integration of perceptual input from these systems by the central nervous system.
- 3. Language**  
This includes all the skills needed for reading and writing. They include such things as awareness of the sounds of language, awareness of print and the relationship between letters and sounds. Other language skills include vocabulary, spelling, and comprehension.
- 4. Cognitive**  
It focuses on how children learn and process information. Referred to as "intellectual" or "mental" development.

#### RESOURCES:

<http://www.westerville.k12.oh.us>  
<http://www.state.nj.us>  
<http://www.sebpmg.com>  
<http://www.pacwcbt.pitt.edu/>  
<http://www.brighttots.com/domains.html>

Children develop at their own pace, so it's impossible to tell exactly when your child will learn a given skill. The developmental milestones listed below will give you a general idea of the changes you can expect, but don't be alarmed if your own child's development takes a slightly different course.

### 3 years old

*"No longer a toddler, your 3-year-old takes in knowledge about himself and the world around him."*

#### Socio-Emotional

- Understands concept of "mine" and "his/hers"
- Spontaneously shows affection for familiar playmates
- Objects to major changes in routine
- Plays with other children for a few minutes
- Has a decrease in separation anxiety for short periods of time

#### Physical

- Walks up and down stairs, with alternating feet (one foot per stair step)
- Kicks ball
- Runs easily
- Climbs well
- Bends over easily without falling
- Screws and unscrews jar lids, nuts and bolts
- Builds tower of more than six blocks
- Holds pencil in writing position
- Makes up-and-down, side-to-side, and circular lines with pencil and crayon

#### Language

- Follows a two-or three-part command
- Can tell name, age, sex
- Adults can understand most of his or her words
- Uses pronouns (I, you, me, we they) and some plurals (cars, dogs, cats)
- Talks in three-word sentences most of the time

#### Cognitive

- Understands concept of "two"
- Completes puzzles with three or four pieces
- Sorts objects by shape and color
- Plays make-believe with dolls, animals, and people
- Can name at least one picture when you look at books together
- Answers simple questions
- Matches primary colors, names one color
- Begins to understand prepositional phrases: "Put the block *under* the chair."
- Gives first and last name when asked